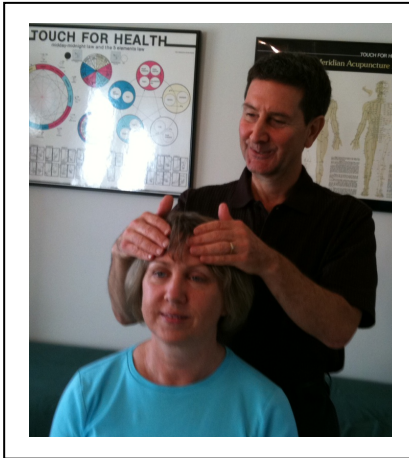


# Emotional Stress Release Mastery



**December 13, 14, & 15**  
**Online**

**Cost- \$425**

**(10 am - 5:30 pm)**

**(plus eBook)**

18 CE's for Massage Therapists

**Perfect for coaches, healers and families**

Learn to facilitate people through difficult emotional issues quicker and easier than you ever imagined.

The combination of brain activating techniques taught with practical communication skills facilitates easy, quick and thorough resolution of emotional stress and traumas.

**Developed for complete beginners, yet licensed counselors with years of experience report it's a remarkable, very effective training for them too.**

**Gain the confidence and skills to work with people on those deeper issues that matter most to them!**

## **In this class you will learn:**

- How to release stuck emotions!
- Enhancing intuition- how to teach this to others.
- The elements and importance of 'active listening'.
- Two ways to help your client learn to ground themselves.
- A technique to contact and gently educate your inner child.
- How to assist clients to uncover empowering new resources.
- Symbolic Encapsulation: How to use the subconscious to assist you.
- Learn to find specific emotions underlying your life challenges and stresses.
- The magical picture frame technique. It's worth the cost of the class all by itself!
- 'Feel/Want/Willing' technique to express yourself and create positive responses from others

**Almost every student of this class reports the class practices alone are equal to months or years of personal therapy for themselves.**

**Register online at: [www.USKinesiology.com](http://www.USKinesiology.com) and send a \$100 non-refundable deposit made out to: Larry Green, 7121 New Light Trail, Chapel Hill, NC 27516.**

**For more information email [greentfh@mindspring.com](mailto:greentfh@mindspring.com) or you can call 919-933-9299.**